

All Will Be Well Reflection Activity

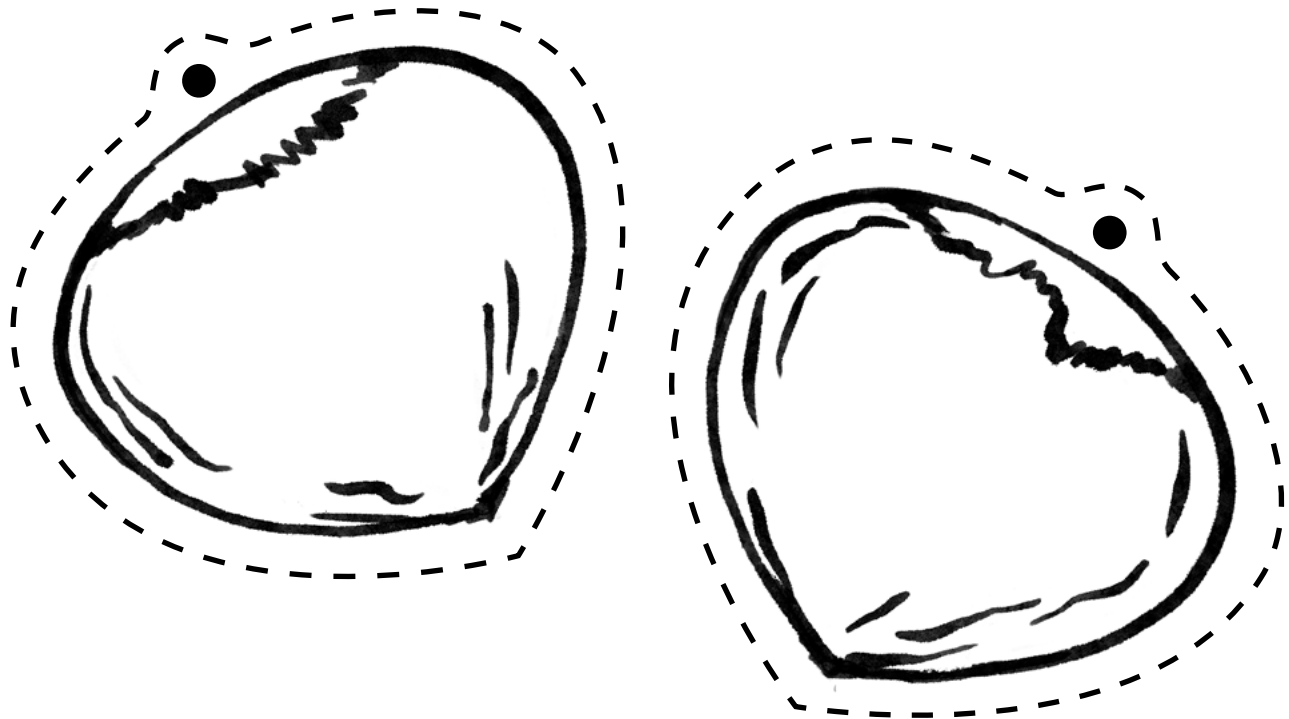
Our strong feelings are real and so is God's love.

This activity can help us bring the reality of how we feel in touch with God's love.

INSTRUCTIONS: *(for children and their adults)*

1. Cut out the hazelnut.
2. Write or draw your strong feeling on one side. Talk with God while you create.
3. Write or draw a reality of God's love on the other side. This can be something good that happened today or something beautiful that you experienced. Talk with God while you create.
4. Share the story of your hazelnut with those around you.
5. Make an altar. If your family is in a season of grief or lament, create a hazelnut tree indoors to hang your hazelnuts from. Use butcher paper, to draw a tree and attach it to the wall. Or choose a few sticks or branches from outside and stick them in a pot with dirt. As often as is needed, create hazelnuts to hang from the branches. Let this be an altar, a place to connect with God, who is with us in hard times.

*"If something as small as a hazelnut is loved by God then we are loved by God too.
We live and we will last because God loves us. All will be well."*



All Will Be Well

By Lacy Finn Borgo, Illustrated by Rebecca Evans

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