



BOOK DETAILS



Undone: When Coming Apart Puts You Back Together

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Have you ever hit rock bottom?

There is no escaping the fear of making mistakes and yet failure is one of the most liberating things that can happen to us. Through her book *Undone*, Laura Sumner Truax explores in detail the idea of failure and how we can not only recover from our mistakes but learn to see them as a gift.

“Most of us eventually come to one of those moments when the bottom falls out, and we find that the way we’ve been living just won’t work anymore,” writes Truax. Using her own painful story of divorce as a framework, she seeks to show how the worst things in our lives can become the liberation that allows us to strip away our masks and safety blankets, so that we can know our true purpose and value. “Failure ripped the mask off my craving for perfection; it exposed the real me. What I saw wasn’t pretty, it wasn’t holy and it wasn’t good. But it was real. And in exposing what was real, failure awakened me to all that had been fake and futile. Not the stuff out there, but the stuff inside. In me.”

Refreshingly honest about her own experience and the experiences of others, Truax explores failure in the three sections of her book: explaining first how our fears can keep us from being who we are supposed to be, then showing how trust is essential to a healthy relationship with our Savior and finally helping us discover the ability to connect once again with our heavenly Father and our earthly community. Throughout the book she uses countless examples and weaves together the failures and stories of Bible characters with the realities of our culture today. This book, although personal, is distinctly pastoral, containing practical applications and exegesis of numerous biblical texts.

“I was surprised at how much I was gripped by the ways in which Laura Truax shared descriptions of how she struggled to become another entire person,” said Tony Campolo. “What she wrote is filled with reflections on how God’s grace can provide a ‘lifting up’ for any of us who feel ‘undone’ by life’s circumstances and are ready to walk away from God. She knows what she writes about.”

Ultimately, Truax shows us how we can learn to love and be loved even after we have failed. She speaks truth into the lies that we allow ourselves to believe and offers us a new identity – one that has been created for us long before we were born, and the only identity that will allow us to truly know love and to love ourselves.